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MUMBAI | THURSDAY | JANUARY 15, 2026



Those who dare
to fail miserably
can achieve
greatly
– John F. Kennedy

The Boeing E-4B Nightwatch, also known as the Doomsday Plane, is a heavily modified aircraft developed during the Cold War

Seen after 51 yrs



DID U KNOW?

The aircraft is designed as a flying command post during emergencies like Nuclear War

amid a rising global uncertainty and geopolitical tensions, the Boeing E-4B Nightwatch, known for its rare appearances, has been spotted for the first time in nearly 51 years. Officially called the Boeing E-4B Advanced Airborne Command Post (AACP), this aircraft is often referred to as the "Flying Pentagon." It is a remarkable piece of aviation history with a storied background. Officially known as the E-4B, this aircraft is designed to serve as a mobile command center for national leaders during emergencies, particularly nuclear conflict. The United States highly designed aircraft, E-4B Nightwatch, which is known for making rare appearances in public, was spotted in Los Angeles on Thursday, and since then, this plane has become a central topic of discussion in geopolitics. The Doomsday plane has been triggering conspiracy theories after all the incident took place after the US attacked Venezuela, and now President Donald Trump is talking about acquiring Greenland.

India celebrates harvest festivals



Mid-winter harvest festivals Makar Sankranti, Bihu and Pongal were celebrated on Wednesday with people taking holy dips in rivers and participating in community feasts while kite flying added a splash of colour to the skies in different parts of the country. Makar Sankranti marks the movement of the sun northwards, towards the Tropic of Cancer.

Cold wave shows no mercy: North India shivers



Northern India on Wednesday remained under the claws of an intense cold wave with maximum temperatures in several areas in Punjab and Haryana plunging to nearly 10 degrees Celsius below normal, and Dal Lake, freezing in Kashmir



Be miserable. Or motivate yourself. Whatever has to be done, it's always your choice - Wayne Dyer

Sushmita Sen's daughter is her cheer leader

Former beauty queen and actress Sushmita Sen is setting fitness goals, and this time she has her biggest cheerleader, her daughter Alisah by her side. The former Miss Universe took to Instagram to share glimpses from her workout session, where she is seen training alongside Alisah, labelling her daughter as her "inspired gang".





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SMALL IS BIG



Studies show how small improvements in physical activity -- two to five minutes or more of brisk walking -- and sleep and diet can meaningfully impact one's lifespan and reduce deaths in a population, offering a more feasible starting place for making healthy behavioural changes. An increase of five minutes of sleep, two minutes of brisk walking and an additional half a serving of vegetables per day could add a year of life for those with the worst sleep, physical activity and dietary habits, according to a new study



published in The Lancet's eClinicalMedicine journal. The findings suggest that when combined, small improvements in sleep, physical activity and diet could result in meaningful changes to lifespan, offering a sustainable, more feasible starting place for making

The research highlighted that the combined relationship of sleep, physical activity and diet is larger than the sum of the individual behaviours.

behavioural changes, an international team of researchers from the UK, Australia, Brazil and Chile said. The study defined the worst combination of behaviours as five-and-a-half hours of sleep per day, physical activity of under 10 minutes and a poor score in diet quality.

Saldana highest-grossing actor of all times

Hollywood star Zoe Saldana has emerged as the highest-grossing leading actor of all time at the worldwide box office, bagging the top position at the global rankings following the release of blockbuster success of "Avatar: Fire and Ash". According to box office tracking website Numbers, which compiles worldwide data on the top 100 stars in leading roles, Saldana ranks first with a cumulative global box office collection of USD 15.46 billion from 33 films, averaging nearly USD 469 million per movie.



This is not me: Ameesha Patel



Bollywood actress Ameesha Patel has raised concern about an imposter passing off a fake number as hers, most likely in an attempt to scam people. The 'Gadar' actress warned the netizens by sharing a screenshot of the contact. "This number is FAKE number n this person is an imposter - pls do not fall for it!! This is not me," she said.

Bad or worse: Venezuelan actor



Venezuelan actor Edgar Ramirez has described a mix of "relief, fear and exhaustion" following the capture of Venezuelan President Nicolas Maduro by US forces early this month, saying the country now faces only "bad or worse" options for its future.

'VERY DARK PERIOD IN US NOW'

DID U KNOW?

The book chronicles the recipes brought together from a spectrum of immigrant and indigenous communities

Indian-American TV personality and food expert Padma Lakshmi voiced concern over the current "dark period" in the US and hoped her new book will encourage people from diverse communities to reach out and connect with each other in these times. She also said that this

period will probably "get darker" before the light finally comes back. Lakshmi's latest cookbook 'Padma's All American: Tales, Travels, and Recipes from Taste the Nation and Beyond' is a commemoration of America's rich culinary and immigrant diversity.





♥ The key is not being overconfident. You have to be focused
- PV Sindhu

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Sindhu crashes out after loss

India's ace shuttler and two-time Olympic medallist PV Sindhu endured a shock early exit at the India Open, suffering a three-game defeat to Vietnam's T.L. Nguyen in the Round of 32 at the Indira Gandhi Indoor Stadium on Wednesday. Sindhu started the contest on a positive note and showed her experience in the opening game, saving crucial points and edging past Nguyen.



Kerala confirms participation in ISL



Kerala Blasters FC have confirmed their participation in the Indian Super League (ISL) 2026, scheduled to begin on February 14, the club said on Wednesday. The league was in limbo

ever since the talks between Football Sports Development Limited (FSDL) and AIFF broke down, and the two could not decide on the renewal of the Master Rights Agreement (MRA) with AIFF to operate the Indian Super League.

Smith wins inaugural 'One Point Slam'



Amateur tennis player Jordan Smith produced a fairytale run at Melbourne Park, stunning reigning Australian Open champion Jannik Sinner and a host of

top professionals to clinch the inaugural '1 Point Slam' exhibition event, held four days ahead of the start of the 2026 Australian Open. The unique mixed-gender exhibition, has a prize pool of AUD 1 million and brings together leading professionals and amateurs.

QUICK NEWS

Ofner forgets tie-breaker rules

Austrian tennis star Sebastian Ofner endured a dramatic and embarrassing exit from the Australian Open qualifiers after forgetting the final-set tie-break rules, celebrating prematurely against Nishesh Basavareddy before suffering a stunning defeat.

Pakistan to host Australia

Pakistan will host Australia for three T20Is from January 29 to February, the PCB announced on Wednesday, with the series slated to be played at the Gaddafi Stadium in Lahore.

Alcaraz, Sabalenka headline AO

Carlos Alcaraz and Aryna Sabalenka are the top seeds for the Australian Open 2026, headlining the men's and women's singles draws to be revealed on Thursday, with the main draw action commencing on Sunday.

Unbeaten century against NZ



He is also the first Indian to score an ODI century in Rajkot

Rahul creates ODI history



India's dependable batter KL Rahul etched his

name in the record books with a magnificent unbeaten century against New Zealand in the second match of the

ongoing ODI series at the Niranjan Shah Stadium in Rajkot on Wednesday, becoming the first Indian wicket-keeper to score a hundred against the Black Caps in the 50-over format. He is also the first Indian to score an ODI century in Rajkot. Rahul achieved the unique feat by sending Kyle Jamieson's full toss into the stands in the 49th over to bring up his eighth ODI cen-

tury. The wicketkeeper-batter from Karnataka reached his hundred in just 87 balls. The Indian star remained unbeaten on 112 as he hammered 11 fours and one six against the Black Caps. Coming to bat at number five, Rahul started slowly with six dot balls. He finally got off the mark on the seventh ball. As his nerves settled, he lost the support of his partner Virat Kohli.



Rahul forged a 73-run partnership with Ravindra Jadeja, who later got out after scoring 27 runs.



I get really motivated when I put on the India jersey. It is a responsibility
- Virat Kohli

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Nartey nets late as Stuttgart edge Frankfurt

Nikolas Nartey struck late to settle a breathless five-goal contest as VfB Stuttgart claimed a dramatic 3-2 home victory over Eintracht Frankfurt in the Bundesliga. Stuttgart entered the night full of confidence after having routed Bayer Leverkusen and made only one change, welcoming Ermedin Demirovic back into the

starting line-up for the first time since October. Eintracht, fresh from a high-scoring draw with Borussia Dortmund, were forced into several alterations and began with clear attacking intent. The visitors were rewarded inside five minutes when Rasmus Kristensen glanced home a header from Ritsu Doan's delivery to stun the home crowd.

New Zealand in ODIs

Kohli achieved the feat by scoring a power-packed boundary on his first ball of the innings against Kristian Clarke.

Kohli is highest run-scorer



Indian batting stalwart Virat Kohli once again etched his name into the record books during the second One-day International (ODI) against New Zealand, becoming India's highest run-getter in the format against the Black Caps. Kohli needed just one run in the second ODI at the Niranjan Shah Stadium in Rajkot to go past Sachin Tendulkar's tally of 1,750 runs. Kohli achieved the feat by scoring a power-



packed boundary on his first ball of the innings against Kristian Clarke. Kohli has played 35 ODI matches against the Black Caps and scored 1,773 runs before getting dis-

missed for 23 in the 24th over, trying to release the pressure after a seven-over boundary drought in the ongoing match.

DID U KNOW?
Tendulkar, meanwhile, played 42 games against New Zealand in his 24-year-long career and scored 1,750 runs.

Pakistan names squads, familiar faces back

The Pakistan Cricket Board on Wednesday announced the ODI and T20I squads for the women's team for the upcoming South Africa tour, which begins on February 10 in Potchefstroom. Fatima Sana will remain the captain in both formats as Pakistan prepares for the ICC Women's T20I WC 2026 in June. Aliya Riaz, Ayesha Zafar, Gull Feroza, Muneeba Ali, Nashra Sundhu, Natalia Parvaiz, Rameen Shamim, Sadia Iqbal, Sidra Amin, and Tasmia Rubab are included in both squads.



'Comeback starts now: Conor Bradley

Liverpool defender Conor Bradley has vowed to come back stronger after undergoing successful surgery on a serious knee injury that has ruled him out



for the remainder of the season. The 22-year-old Northern Ireland international described the setback as a major blow but insisted his focus has already shifted towards recovery and return.

Kokkinakis injured, withdraws from Adelaide International

Australia's Thanasi Kokkinakis withdrew from the Adelaide International on Wednesday due to a right shoulder injury, handing his opponent Valentin Vacherot a walkover. As a result, the 2025 Shanghai champion, Vacherot,

advances to the quarter-finals. The Monegasque player will next face either top seed Alejandro Davidovich Fokina or Australian Rinky Hijikata. Davidovich Fokina will play Hijikata on Wednesday evening on centre court.

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